



# TLS NEWSLETTER

10 MARCH 2022 (WEEK 7)



## INTEGRITY

If I make this choice, will I feel comfortable with myself afterwards? Integrity is one of our school values and one that we aspire to instil in young people. Integrity is not just about telling the truth, it speaks about our character at the deepest level.

Do I do what I say I am going to do? If I feel that I am being led to do something that doesn't align with my inner values and convictions, do I stand by those?

Sometimes, integrity may mean that we need to have brave conversations. Society highly values integrity and is evidence of us being true to our Christian faith and values that we won't compromise on.

### *Integrity*

Choosing courage over comfort; choosing what is right over what is fun, fast, or easy; and choosing to practice our values rather than simply professing them.

**Brené Brown**

# PRINCIPAL'S MESSAGE

JAMES PHILLIPS



The Year 4s led a wonderful time of worship this morning and one of the themes that came through was 'joy'. We are so blessed to be in a community where so many individuals consciously choose to show joy to one another. This week, in the lead up to Athletics Day, the joy is very tangible. The houses have been practising their war cries for tomorrow to help cheer on house mates.

Thank you to all of our volunteers who are coming along to help and support tomorrow, modelling service in our community. Athletics Day is a really enjoyable day and more than winning, it is about giving events a go and having a great time together as a community. I trust that you have been training for the Parent/Staff vs Student sprint!

Next week is a Cold Write where the students will showcase their literacy development, specifically their writing. In a Cold Write, the students do not discuss their topic beforehand. It is always a privilege to see the students work and the imagination and creativity they bring.

As we complete Week 7 and have the blessing of a long weekend, I pray that you and your family will have some time together to be refreshed. I finish with the words of Romans 15:13, "may the God of hope fill you with all joy and peace as you trust in him, so that you may overflow with hope by the power of the Holy Spirit".

**James Phillips**  
Principal



# WELLBEING NEWS

MISS JANE



## Understanding Adolescence



### School TV

Adolescence is the transitional stage of development that is usually associated with the teenage years. In 2018, the Australian Curriculum Assessment Authority, redefined adolescence as affecting young people aged between 10-24 years. During this time, they experience rapid physical, cognitive and psychosocial growth which affects how teenagers feel, think, make decisions and interact with the world around them.

During adolescence, a child's brain can be considered as being "under-construction". The rate at which this progresses will vary depending on the individual and also their gender. As a result, some parents may view adolescence as stressful or difficult. However, it does not need to be. Setting boundaries, implementing consistent monitoring and maintaining a strong and loving connection will help families adjust during this time.

It is also an important time to keep the communication lines open through clear and age appropriate conversations. Speak openly about changes that they are experiencing and be conscious of their mental health as many of the conditions people confront in adulthood, can begin to manifest in adolescence.

In this edition of SchoolTV, adult carers can learn how to guide and best support their young person as they transition through adolescence. We hope you take time to reflect on the information offered in this month's edition, and we always welcome your feedback.

If you do have any concerns about the wellbeing of your child, please contact the school for further information or seek medical or professional help.

You will find the link to this month's edition via the Parent Portal on our Website.



## EMMETT AWARD

**ALICE**

For excellence with her reading and continually striving to extend herself across multiple learning areas.



## JOHN LANDY AWARD

**MEGG**

For serving humbly in the Year 1 classroom and across the school by frequently offering to help hand out notes, class resources, hold doors open and letting other students go first.

# SCHOOL AWARDS

## FOUNDATION

Kieran F  
Sophie L  
Luca T

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## YEAR 1

Mylah H  
Harriet K

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## YEAR 2

Finn R  
Austin M

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## YEAR 3

Leo J

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## YEAR 4

Flynn B  
Della L  
Daphne B

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## YEAR 5

Ava K  
Ben C  
Imogen A

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## YEAR 6

Angus K

# CLEAN UP AUSTRALIA DAY



## Clean Up Australia Day – 4 March 2022

Last Friday our school was given the perfect opportunity to display our school values in our wider community. The Year 1-6 students joined members of the Southern Grampians Shire Council in an act of SERVICE to their community by cleaning up the Tarrington Recreation Reserve. Our students were provided with special Clean Up Australia Day gloves and pick up tools, leaving the reserve looking immaculately clean. Tarrington Lutheran School was just one of hundreds of schools participating on the same day. It has left a lasting impression on some students who have taken extra pride in collecting rubbish around the school in the following days. Thank you to all the staff and students involved.

## PFA NEWS

The PFA will be assisting to provide a BBQ during the lunch break this Friday, 11 March at the Athletics Carnival.

Sausages will be available for \$2.50.

There will also be Easter Raffle tickets available to purchase at \$2 per ticket.

If anyone is available to assist with serving the BBQ or monitoring the raffle tickets on Friday please get in touch!

Toasties will again be available to purchase during school lunchtime, beginning Friday, 18 March. Ham and cheese toasted sandwiches will be available for \$2. Please advise of any allergies & we can arrange alternatives.



# IN THE CLASSROOM WITH YEAR 4

Well it is fair to say that the students in Year 4 have well and truly settled in and are absolutely enjoying the experiences and learning opportunities that have been thrown at them.

The students have spent time working together in small groups for learning tasks. This is a great way to collaborate and share ideas. It also gives students a chance to work with other people that they may not normally work with, which helps grow our relationships in the classroom.

We have been very lucky in Year 4 this term with the amount of extra curricular activities that have come our way. Some of the activities have included the students demonstrating their skills and abilities in the hockey clinic, sinking their teeth in a delicious pancake to celebrate Shrove Tuesday and doing our part to clean up the Tarrington Oval for Clean Up Australia Day.

We are all looking forward to seeing out the rest of the term with so many more opportunities to serve, demonstrate integrity and offer respect in the school community.

**Jamie George**  
Year 4 Teacher

